

SHAKE WELL • SERVE CHILLED

Quinoa contains more high protein than any other grain. The National Academy of Sciences calls it "One of the best sources of protein in the Vegetable Kingdom." Native of the Andes and Machu Pichu, Quinoa (keen-wah) dates back more than 5,000 years. Called "the mother grain" by the ancient Incas, Quinoa seeds were more valuable than gold. Considered sacred to Indian natives of the Andes Mountains in Peru and Bolivia, it was believed the grain was a gift from the gods containing spiritual enhancing qualities. Quinoa is a highly nutritious supergrain supplying us with all of the body's requirements.

Quinoa gold has successfully designed a patent pending all-natural procedure. We utilize 100% organic Quinoa & the nutrients and vitamins from within the grain enabling our unique beverage to be classified as a complete protein.

Quinoa contains all 9 essential amino acids necessary for life. It is rich in iron and magnesium, manganese, carbohydrates, fats, protein, vitamins, minerals, and fiber. Some wheats come close to matching Quinoa's protein content, but cereals such as barley, corn, and rice generally have less than half the protein of Quinoa. Rediscovered after centuries of obscurity, our patent pending formula is a culmination of several years of research and development with special attention and consideration directed at maintaining the all natural qualities within the grain.

Quinoa is gluten free and considered an ideal food for those prone to food allergies. Beneficial for people who cannot tolerate common grains like wheat, corn, rye, barley, and oats.

Sustained Caffeine-Free Energy

NATURAL
ANTIOXIDANT

GLUTEN
FREE



COMPLETE
PROTEIN

ORGANIC
QUINOA

Quinoa, a true *Supergrain* is considered one of the healthiest *Organic* foods you can find.

QUINOA GOLD™
PINA COLADA BEVERAGE



Nutrition Facts

Serving Size: 8.0 fl oz
Servings Per Container: 2

Amount Per Serving
Calories 160 **Calories from Fat 10**
% Daily Value*

Total Fat 1g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Potassium 90mg	2%
Total Carbohydrate 35g	12%
Sugars 26g	
Fiber 1g	4%
Protein 2g	4%
Vitamin A 0%	Vitamin C 0%
Calcium 0%	Iron 6%
Riboflavin 4%	Phosphorus 6%
Magnesium 6%	Zinc 2%
Copper 6%	Manganese 14%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	CALORIES	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 Carbohydrate 4 Protein 4

Quinoa is a source of sustained 'caffeine free' energy, fueling our bodies for longer periods of time than most foods. Quinoa has a low Glycemic Index, a great element for any weight loss diet."

Ingredients: Filtered Water, Organic Agave Nectar, Organic Quinoa, Natural Flavors, Citric Acid.

Distributed by:
Newport Quinoa Company
Newport, Rhode Island 02840
Certified by Baystate Organic Certifiers



www.quinoagold.com

16 FL. OZ. 473 mL

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